



Post Anesthesia Instructions for Halcion (triazolam)

1. Dr. Davis may prescribe pain medications to minimize or eliminate any post-treatment discomfort. Recommendations for post-procedure medications are as follows:

2. If the patient is taking any prescribed medications, they should be resumed on the normal schedule unless instructed otherwise by Dr. Davis.
3. The patient should be in a reclined position for the ride home and remain reclining for the rest of the day. The only exception is to go to the restroom. The patient must have someone accompany him/her into the restroom. If the patient feels dizzy or faint, have him/her lie down immediately.
4. It is important for the patient to drink fluids. Large amounts of fluids (especially those with substantial calories such as juice, soup, milkshakes, protein drinks, and Gatorade) are encouraged during the first 48 hours in addition to other food. Nausea occurs infrequently. If nausea occurs, keep the patient reclined or lying down, wait a short time and then try fluids again. In some instances, soda (i.e. Sprite or 7-Up) may be given. If nausea persists, please contact Dr. Davis so appropriate management can be instituted.
5. Patients should get plenty of rest during the first 24 hours. There should be no outside activity for the remainder of the day following the procedure. After that time, activity may be resumed based on the surgery and other post-treatment considerations. A small percentage of patients may feel tired after the first day. This is generally due to inadequate fluid and nourishment intake.
6. Absolutely no operating machinery (cars, lawnmowers, etc.) or potentially dangerous toys (bicycles, scooters, etc.) is allowed for the first 24 hours.
7. Alcoholic beverages are **NOT** to be consumed for at least 24 hours and/or while taking pain medication.
8. It is difficult to adjust fillings, temporary crowns and bites while a patient is sedated. Please call the office the morning following your procedure and let us know if any adjustments are needed. Adjustments are quick and easy so there is

no need to worry; however, allowing an improper bite to persist may keep the tooth inflamed.

9. If at any time there are any questions or concerns, do not hesitate to call. The office of Dr. Daniel H. Davis wants to make your recovery as quick and easy as possible.

By signing below you agree to the following statement:

I have read and thoroughly understand all post-op instructions relating to my treatment and sedation.

Printed Patient Name

Patient or Guardian Signature

date

Doctor or Clinical Staff Signature

date